



Hitachi Benefit Pool  
CONNECTING YOU

 Hinge Health

# Conquer back or joint pain without drugs or surgery

You and your eligible family members get **free access** to Hinge Health's programs for **back, knee, hip, shoulder, or neck pain**, which include:

- A free tablet computer and wearable sensors
- Unlimited 1-on-1 health coaching
- Personalized exercise therapy

**Over 80,000** members have joined our programs so far, and cut their pain by over 60%!

Eligibility: Employees, dependents 18+, pre-65 retirees, and COBRA members on an Anthem Medical/CVS Rx plan through the Hitachi Benefit Pool are eligible.



To learn more call (855) 902-2777, or apply at:  
**HINGEHEALTH.COM/HITACHI**